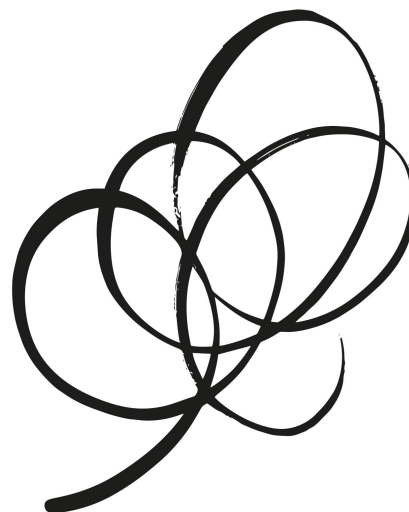


Taiji & meditation workshop in Vienna Dec 3 – 5, 2021

This workshop is suitable for you if you:

- train within the system of Patrick Kelly and bring basic knowledge of the short form and Master Huang's 8 pushing hands patterns
- OR bring some experience with any taiji form (minimum 3 yrs of Taiji recommended) and an interest in meditation and internal development



The workshop will be held in English.

Program:

5 relaxing exercises, Zheng Manqing short form, long form, partner exercises, meditation

Training times:

Fri, 3 December	15.00 - 18.00
Sat, 4 December	12.00 - 18.00
Sun, 5 December	10.00 - 16.00

Venue:

International Dzogchen Community
Samdrubling Wien
Friedrich Kaiser Gasse 74
A-1160 Vienna

Registration: office@taiji-schule.at

Tuition: € 200,-

Gemeinwohllkonto/bank account Christine Schneider
Raiffeisenbank Gunskirchen BIC (SWIFT): RZ00AT2L129
IBAN: AT32 3412 9000 0021 4775

<https://coronavirus.wien.gv.at/faq-english/> (test facilities & other info on COVID-regulations in Vienna)