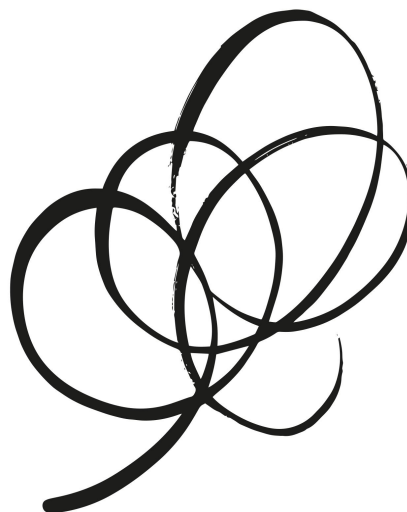


## Taiji & meditation workshop in Vienna Oct 25 – 28th, 2021

This workshop is suitable for you if you:

- train within the system of Patrick Kelly and bring basic knowledge of the short form and Master Huang's 8 pushing hands patterns
- OR bring some experience with any taiji form (minimum 3 yrs of Taiji recommended) and an interest in meditation and internal development



The workshop will be held in English and German.

### Program:

5 relaxing exercises, Zheng Manqing short form, long form, partner exercises, meditation

### Training times:

Mon 25th Oct, 2021: 9.30 – 12.00 & 18.00 – 19.30  
Tue 26th Oct, 2021: 9.30 – 12.00 & 18.00 – 20.30  
Wed 27th Oct, 2021: 9.30 – 12.00 & 19.30 – 21.00  
Thu 28th Oct, 2021: 9.30 – 12.00

### Venue:

InDancity  
Bennogasse 8A/1B  
A-1080 Vienna

Registration: [office@taiji-schule.at](mailto:office@taiji-schule.at)

Tuition: € 200,-

Gemeinwohllkonto/bank account Christine Schneider  
Raiffeisenbank Gunkskirchen BIC (SWIFT): RZOOAT2L129  
IBAN: AT32 3412 9000 0021 4775

<https://coronavirus.wien.gv.at/faq-english/> (test facilities & other info on COVID-regulations in Vienna)

*Taiji in the tradition of Zheng Manqing, following Master Huang Xingxian and Patrick Kelly  
A system for the Development of Inner Strength and Harmony  
through Concentration, Co-ordination and Relaxation of Mind, Energy and Body*