

# Taiji & meditation workshop in Stockholm

## with Christine Schneider

### May 21 – 22, 2022

This workshop is suitable for you if you:

- train within the system of Patrick Kelly and bring basic knowledge of the short form and Master Huang's 8 pushing hands patterns
- OR bring some experience with any taiji form (minimum 3 yrs of Taiji recommended) and an interest in meditation and internal development



The workshop will be held in English.

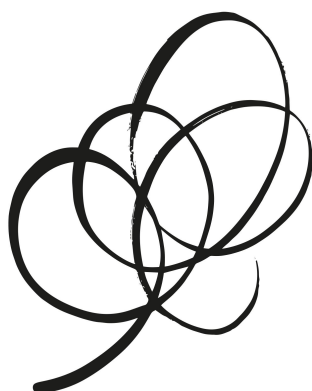
#### Program:

5 relaxing exercises, Zheng Manqing short form, partner exercises, meditation

#### Training times:

Sat, 21 May 2022: 12.00 - 18.00

Sun, 22 May 2022: 10.00 - 13.00



#### Venue:

Katarina Södra Skola  
Katarina Bangata 41  
Stockholm

#### Registration:

contact Helge Lindberg  
[info@taijistockholm.se](mailto:info@taijistockholm.se)

**Tuition:** SKr 1600,-/€ 150,-

bank account easy bank  
Mag. Christine Schneider  
Wiedner Gürtel 11, A-1100 Wien  
IBAN: AT47 1420 0200 1014 6748;  
BIC (SWIFT): BAWAATWW

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