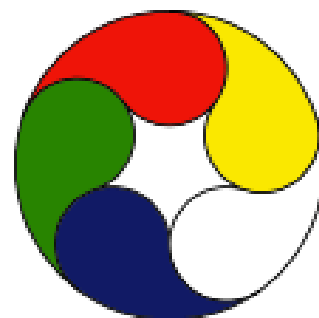


Taiji & meditation workshop in Leuven

with Christine Schneider
Jan 29 – 30, 2022

This workshop is suitable for you if you:

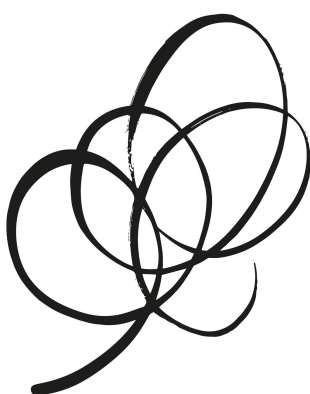
- train within the system of Patrick Kelly and bring basic knowledge of the short form and Master Huang's 8 pushing hands patterns
- OR bring some experience with any taiji form (minimum 3 yrs of Taiji recommended) and an interest in meditation and internal development



The workshop will be held in English.

Program:

5 relaxing exercises, Zheng Manqing short form, long form, partner exercises, meditation



Training times:

Sat, 29 January 2022: 12.00 - 18.00

Sun, 20 January 2022: 11.00 - 14.00

Venue:

Hertogstraat 182, First floor
BE-3001 Leuven Heverlee

Registration:

contact Annemarie Leijssen
aml-taiji@hotmail.com

Tuition: € 120,-